

VANDEBILT CATHOLIC & EAST COAST SOX

“More Than Baseball” Machine Pitch Camp

October 17, 2022 Time: 5pm - 8pm Grades 6th, 7th & 8th Registration:\$100

Camp to be held at Vanderbilt Catholic high school baseball facility

Mail in or drop off registration to the front office - deadline to register is October 14th

Coaches:

Smoke Laval Former Collegiate baseball Head Coach- ULM,LSU & N. Florida
Mark Willoughby Former MLB Scout for the Royals and Marlins

Email questions: cmenard@htdiocese.org or mwilloughby@eastcoastbaseball.org



Camp Curriculum

The purpose of using a machine pitch camp is to encourage contact and continuous action.

The goal is for the ball to be in play on a consistent basis allowing for high repetitions at game speed, baserunning, and more at-bats for hitters. The more repetitions at game speed, the more comfortable players become defensively. The aim is to complement traditional gameplay and provide opportunities to work on weaknesses without fear of making mistakes. Roster maximum of twelve (12) players Every player will bat in every inning. We expect hitters to get several plate appearances.

Camper Application

Name _____ Grade _____ Age _____

**Make Checks payable to Vanderbilt Catholic High School

Mail to: VCH Baseball, 209 South Hollywood Road, Houma LA 70360

Parents _____ Parents Phone # _____

****PLEASE READ THE FOLLOWING STATEMENT AND SIGN BELOW****

This is to certify that my dependant has had an adequate medical exam and is physically able to participate in the activities of the baseball camp. I waive and release all rights and claims for any damages against Vanderbilt Catholic High School and its representatives. Furthermore, I give Vanderbilt Catholic High School permission to publicly use pictures that may include my child through our website, social media, and online/print publications to promote future camps.
